

7th Wave



sailing • powerboating • kayaking • shorebased

Port Erin, Isle of Man • www.7thwave-iom.com



Welcome to 7th Wave

Whether you want to discover sailing, learn powerboating, understand navigation or just enjoy a paddle around the bay, we're here to get you on the water and help you discover something amazing on your doorstep.

The stunning bay in the village of Port Erin is enclosed on three sides, making it ideal to learn to sail. We're open all year round, with on-the-water activities running from Easter to the end of October and shorebased courses through the winter. Established in 2006, 7th Wave is a Royal Yachting Association recognised training centre and our qualified instructing team will make sure you have the best possible experience on the water.

Sign up for an RYA training course...

Sailing

With separate programmes for adults and kids and a fleet that includes both single handed and two-man dinghies, we provide great sailing experiences to individuals or groups of any age or ability. Just bring a change of clothes and a sense of adventure and we'll find the right RYA course for you.

Shorebased

We offer courses virtually all year round and winter is a great time to tune up your navigation and seamanship skills in the comfort of our classroom. See overleaf for full course details.

Powerboating

Driving a powerboat brings endless possibilities for family adventures, fishing trips, scuba diving, or high-speed watersports. There's nothing more important than keeping your crew safe on the water and our training will help you know what to do in almost any situation.

Personal Tuition

Have you bought a dinghy and don't know where to start? Or do you need to brush up on your navigation? We offer private one-to-one tuition both on the water and ashore for seafarers of any age or ability.





...or turn up and get afloat

Try Sailing

Enjoy a sense of fun and freedom as you take the helm of a dinghy under the watchful eye of a qualified instructor. We run sessions for adults, children and family groups and provide wetsuits and buoyancy aids for all of our students.

Kayak Hire

On a busy summer day, there's nothing better than exploring the bay on one of our sit-on kayaks. Either call in advance to book or just turn up. Children under 12 must be supervised by an adult, we'll give you a buoyancy aid (and a paddle!).

meet the crew



Jen

Our Principal holds a degree in Maritime Leisure Management, has over 15 years of instructing experience and has logged more than 15,000 offshore miles. She's been part of the crew at Port St Mary lifeboat for a decade.



Chris

With boundless enthusiasm for sailing, Chris leads our team of dinghy instructors and coaches the Manx Youth Sailing Squad. His own racing CV includes Cowes Week, the Fastnet race and the Island Games in 2015.



Dave

Dave was driving RIBs at such an early age that his feet didn't reach the floor from his perch at the helm. He's been an RYA Powerboat Instructor for more than a decade and has driven powerboats all over the world.



Cathie

Organiser and book-keeper extraordinaire, Cathie keeps an eye on all the paperwork the instructors try to avoid. She brings a 'can do' attitude and invaluable experience in sailing event management.



Don

After sailing full-time in Australia, Turkey and Malta, Don is back on home turf and teaches with 7th Wave in his spare time. He's an RYA Senior Instructor and teaches everything from powerboating to advanced dinghy racing.



Pete

After a career in the Merchant Navy, Pete has sailed at Cowes Week, Cork Week, the Ruffian Nationals and in the Fastnet race. He's a Yachtmaster and Powerboat Instructor with an in-depth knowledge of all things nautical.

Get on the water

Set off from land, feel the wind on your face and say goodbye to all your worries. Sailing in Port Erin bay isn't exactly running away to sea but it's the next best thing. Enjoy the stunning scenery and get a new perspective.

Meanwhile, the cornerstone of our powerboat training is the RYA Level 2 course, which is a must-have for anyone operating small powered craft. Subject to weather conditions and if you're willing to brave the cold, we can offer powerboat training outside of our normal summer season - we've run courses as early as February and as late as November.

Dinghy sailing and Powerboating

RYA Dinghy Level 1

This two-day introductory course will help you understand the basics of dinghy sailing. Our instructors will guide you through rigging, launching, the points of sail, tacking, gybing and recovering the boat. No prior experience is required and a sense of achievement is guaranteed as you take the helm of a boat for the first time.

RYA Dinghy Level 3

Keep growing in skills and confidence with more advanced boat handling, a taste of racing, day sailing and using spinnakers. This stage provides a pathway to the RYA's **advanced dinghy courses** while our regular **supervised sailing** sessions give you more opportunities to get on the water and enjoy dinghy sailing.

RYA Dinghy Level 2

The next step is to build confidence and help you become a more independent sailor. This course covers basic skills such as picking up a mooring, recovering a man-overboard dummy and what to do after a capsize. By the end of the course you'll be sailing independently in light winds and making good seafaring decisions.

RYA Powerboat Levels 1 & 2

Become a capable, confident powerboat driver with this essential two-day course. We cover close-quarters handling, high speed manoeuvres, picking up a mooring, anchoring, safety gear, man overboard recovery, weather and tides. Holders of the Level 2 certificate can apply for the **International Certificate of Competence (ICC)**.





Keep your feet dry

Even if you've never seen a nautical chart before, our shorebased programme will help you solve the mysteries of navigation and stay safe on the sea. There's plenty to learn but we always strive to ensure our courses are informal and fun as well as educational. Who knows where your new skills will take you?

RYA Essential Navigation and Seamanship

Learn the basics of navigation, safety and seamanship in the classroom or through online learning. Ideal for novices, the syllabus introduces charts, almanacs, GPS, pilotage, passage planning, collision regulations and more. Our instructors are on hand to help every step of the way.

RYA Yachtmaster Theory

This advanced course prepares skippers to complete offshore or overnight passages. We'll get you up to speed before you tackle three written assessments covering chartwork, weather and collision regulations. The course usually comprises six Saturdays during the winter, prior knowledge to Day Skipper level is essential.

RYA Day Skipper Theory

A comprehensive introduction to the basic knowledge required to take a sailing yacht or motor cruiser to sea. Budding skippers will learn chartwork, passage planning, weather, tides and emergency procedures. The course requires 40 hours of tuition, usually comprising six Saturdays. No prior knowledge or experience is required.



Find more information on all of our courses, including the latest dates and prices, online at www.7thwave-iom.com

Youth sailing

Action packed and filled with fun, our sailing weeks are the perfect way for kids to spend the school holidays. Our instructors will help youngsters to become confident, independent sailors using the RYA's Youth Sailing Scheme.

Kids can learn to sail from age eight and the more experienced could be eligible for selection by the Manx Youth Sailing Squad soon after. Youngsters can also start powerboat training at 12 and can train to be an instructor at the age of 16. Our students can keep developing their skills and stay on the water during the spring and autumn school terms with our Saturday Sessions.

Have a blast on our sailing weeks...

Beginners Week

Have fun, make friends and enjoy the great outdoors with the Youth Sailing Scheme. Games and confidence-building exercises lead up to the big moment when students take the helm of a dinghy for the very first time and earn their Stage One certificate. Our boats are designed for two, allowing beginners to sail with a friend.

Intermediate Week

Our young crewmates can develop their skills as they progress through Stages Two, Three and Four of the Youth Sailing Scheme to become confident, independent sailors. Using games, quizzes and exercises, we encourage students to enjoy learning more about boats, knots, weather, tides, wildlife and all things nautical.

Advanced Week

Get ready for an adventure as we head out of the bay as part of an escorted trip with the **RYA Day Sailing** course, learn to cope with bad weather and problems afloat with **RYA Seamanship Skills**, experience the fun of competition with **RYA Start Racing** or discover more speed with **RYA Sailing with Spinnakers**.

Saturday Sessions

Keep sailing during the autumn and spring school terms with our Saturday morning club for young seafarers. We might be sailing, kayaking, bodyboarding, taking a powerboat trip or staying onshore and it's all about having fun, improving your skills and enjoying the water.





...then choose your next adventure

Once you've mastered your skills with the Start Sailing programme, a whole new world opens up. Gain work experience and your first taste of teaching as you work towards becoming an instructor, or learn to race for the chance to represent the Isle of Man at events around the world.

7th Wave Race Academy

Become a race cadet and learn the art of competitive sailing with the help of some of the best Manx coaches. It's a gentle and fun introduction to racing over a series of training weekends in the summer. If you're aiming to be selected to join the Manx Youth Sailing Squad, this is the best way to learn the rules and get on the pace.

Manx Youth Sailing Squad

The chance of a lifetime! The squad was created in 2008 to give young sailors aged between eight and 13 a taste of international competition in the popular RS Tera dinghy. Our squad members have become world champions, raced in the Island Games, competed in regattas across Europe and even carried the Olympic torch.

RYA Assistant Instructor

Introducing newcomers to sailing is one of the best jobs there is and this is how to get started. Volunteer with us to gain work experience and those all-important skills and services for the Duke of Edinburgh's Award Scheme. Then work towards your very first teaching qualification as an RYA Assistant Instructor.

Instructor preparatory course

If you're an experienced sailor aged 16 or above, the RYA Dinghy Instructor qualification is your ticket to a job at watersports centres in the UK, Europe and beyond. Learn to prepare lessons, manage a group and give students a great experience on the water. We'll prepare you for the course and the pre-entry assessment.



Ffinlo

Our very first student back in 2006, Ffinlo Wright worked his way through the Youth Sailing Scheme and was selected for the original Manx Youth Sailing Squad. Since then he's raced at several world championships.



Summer

After learning to sail in 2011, Summer Katz quickly progressed through the RYA scheme and qualified as an Assistant Instructor in 2014. She's always helpful, loves being on the water and is great with the younger kids.

Stay in touch

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